



# Sacred Heart School Happenings

P. O. Box 40,  
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Mildmay, ON N0G 2J0  
(519)367-2685

March 1<sup>st</sup>, 2019

*Our school community strives to promote love and respect for God, self and others, while fostering lifelong learning and celebrating Catholic faith, traditions and values.*

Principal ..... *Murray Kuntz*  
Office Administrator ..... *Rita Murray*  
Parish Priest ..... *Father Van Duy Nguyen*

Director of Education ..... *Jamie McKinnon*  
Superintendent ..... *Karyn Bruneel*  
Trustee ..... *Bev Eckensweiler*

*Dear God,  
During this Lenten season,  
I pray in a special way for all  
people who need the healing  
and compassion of Your Son, Jesus.  
Help me to be His hands, His eyes,  
His ears, and His heart to them.  
Inspire me to always do for others  
what I would want them to do for me.  
Guide me to learn about the needs  
of our world. May Jesus' Spirit shine  
through me in my service to the poor  
and needy. Amen.*

## Virtue of the Month: Compassion



### Spring Clothing Drive

Please clean out your closet and drop off your gently used clothing to our school. We will store it until the truck arrives from the Kidney Foundation on



#### Tuesday April 9 th.

The items we are collecting include: footwear, outerwear, belts, ties, purses, yarn, fabric, patterns, blankets, bedding, linen, drapes, pillows, cushions, luggage and sleeping bags.

These donations will be exchanged for money which in turn will help families in need in Sierre Leone.

## Upcoming Events

First Reconciliation Grade 2	April 11th at 6:30 pm
First Communion Grade 2	April 27th at 5:00 pm

## Public Speaking

Congratulations to all students who prepared and presented speeches this year. Despite many weather dates our school competition was finally held on February 7th. Moving on to represent our school in the Legion and County



Contest are:

Jeff Hinsperger (1st intermediate), Griffen Lantz (2nd intermediate), Grace Weber (1st Junior) and Macy Metcalfe (2nd Junior).

## Yearbook Cover Contest

Entries are currently being accepted for the cover of our 2018-2019 school yearbook. Entries are due to the office by Monday **March 18th**.

## PLEASE NOTE:

**The Hot Dog Day (Jan 31st) and Pizza Day (Jan 29th) missed due to weather will be rescheduled in April when there is no chance of snow. Dates still need to be determined.**

The Bruce-Grey Catholic District School Board is hosting its **4th annual Bishop's Dinner** with Bishop Douglas Crosby. Living and Giving as Joyful Disciples is scheduled for **Tuesday, April 2nd** at the Cargill Community Centre.

The evening will feature students sharing stories of how they have used innovation and design thinking to approach real world problems in the local and global community. Join us for a celebration of student talent and a glimpse into some of the ways our youth are becoming creative and holistic thinkers, responsible citizens, lifelong learners & discerning believers.

Guests will enjoy a full course dinner catered by Chef Alex Petter, entertainment, silent and live auctions, and student displays and presentations. All funds raised will support Grey Bruce Hospice South and One Heart, One Soul.

**Tickets are \$40.00 each, and can be purchased online** at <http://bit.ly/BGApril2>, through the school, or by calling 519-364-5820 x268.

### **Cash donations also accepted online for those unable to attend the event.**

(Tax receipts will be issued for the full amount of all cash donations, and for \$17.00 for each ticket purchased)

To donate to the auctions, or for more information, please contact Doreen Schultz at the Catholic Education Centre, 519-364-5820 X268.

We hope you will mark April 2nd on your calendar and plan to attend this very worthwhile event. With your support we can ensure that this evening is a huge success, in support of those who have sought the safety and comfort of our communities.

***"Let your light shine before others, that they see your good works"*** (Mt 5:16).

## Don't Rush Your Brush!



Brush your teeth at least 2 minutes twice a day to:

- \* Clean off the sticky plaque that always forms on the teeth
- \* Stop gingivitis-puffy, red bleeding gums by brushing along the gumline
- \* Prevent cavities
- \* Make your mouth feel fresh



Helpful hints to brush for 2 minutes:

- \* Brush to your favourite song
- \* Count to 10 every two teeth

Use a stop watch or timer to time your brushing

For more information visit: [www.publichealthgreybruce.com](http://www.publichealthgreybruce.com)  
or call 519-376-9420 press 8 for the dental program

## World Down Syndrome Day MARCH 21, 2019



**World Down Syndrome Day is annually observed on March 21st to raise public awareness of Down Syndrome—a congenital disorder caused by having an extra 21st chromosome.**

**Please show your support for those individuals in our community living with Down Syndrome and wear your crazy socks!**

**PARENTING TIP OF THE MONTH .....Tip #84 ...** Lent is a time for us to focus on important practices of our faith: prayer, fasting and almsgiving. During Lent help your children see that prayer is both formal and informal and that God wants to hear from us in many ways; teach them that we can fast from a favourite food or drink, but also from a bad habit or mean spirited action; remind them that almsgiving provides support for those in need and can take the form of money, goods, or time and talent. Lent is about focusing in on how we can be better people and so it is a great teaching tool to help your children grow.

# March 2019

					1	2	
3	4	5	6	7	8	9	
10	11	12	13	14	15	16	
March Break							
17	18	19	20	21	22	23	
	25	Pizza	26	27	28	29	30